

## **Mental Health Matters Resource Page**

Suicide Prevention – Link to <https://988lifeline.org/>

CDC Mental Health – Link to [https://www.cdc.gov/mental-health/?CDC\\_AAref\\_Val=https://www.cdc.gov/mentalhealth/index.htm](https://www.cdc.gov/mental-health/?CDC_AAref_Val=https://www.cdc.gov/mentalhealth/index.htm)

Substance Abuse and Mental Health Service Administration – Link to <https://www.samhsa.gov/>

Health & Aging, Geriatric Mental Health Foundation – Link to <https://www.healthinaging.org/tools-and-tips/geriatric-mental-health-foundation>

Mental Health.gov – Link to <https://www.samhsa.gov/mental-health>